

## EVOLVER - A POETIC NARRATIVE

EVOLVER begins with a meditation, which is an introduction to the virtual reality experience. You will be guided through both parts of the EVOLVER experience in English by the voice of Cate Blanchett. The narrative text was written by British poet Daisy Lafarge.

### MEDITATION ROOM

From the forest's exhale to your body's inhale  
Tides of air flow through time and space  
An enveloping, oceanic medium  
Shaping us as moments of matter

Breathing in:

This ocean we call air  
Oxygenated by the forest's outbreath  
Rushes in at the mouth and nose  
A wind piped downwards  
Through rivers and tributaries  
A lattice of ever-branching paths  
Where the lungs expand  
Like a swollen river  
To winnow oxygen from your breath

One river meets another:  
Oxygen disperses into the blood  
And the exhalation of plantlife  
Flows through the streams  
Channeling blood to your heart

These currents flow to the farthest reaches of the body  
Where each cell undergoes respiration:  
Oxygen and sugars, both produced by plants  
Combine there to become your life force:  
An ancient reaction releasing energy from sugars  
Enabling you to breathe and live

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Breathing out:

The tides within us  
Are also outside us  
In a harmony of opposites;  
Our outbreath of carbon dioxide  
Becomes the plant's breath in

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We are all environments

Walking oceans

Teeming with life

United by an unending rhythm

That blurs the boundaries between all breathing bodies

And submerges us in torrents of being

## EVOLVER VR

It begins with breath:

The syllables of starlight  
An ancient language of the cosmos  
Uttered by grasses and forests, mountains and bodies

From this chorus  
An atmosphere is sung into being  
Boundless, caressing;

These are the tides we live in  
Nourishing us inside and out  
In ripples and ricochets  
Immersing us in abundance

As the world breathes out  
You breathe in  
Life begins to take shape:  
A tangle of essences  
streaming beneath your skin

Blurring the outline  
Of where you end and begin

On this unending journey  
Time shades off  
Into moments of matter

Breath takes flight,  
merging and emerging,  
to an infinite rhythm

And somewhere in this cascade  
Is you:  
Life nested within life  
A cell in the body of the earth  
Dissolving the boundary  
Between one body and another